## ACADEMIC YEAR 2024 – 2025 JUNE MONTH REPORT

## EVENT 1:

DATE: 19/6/2024 TITLE: Successful Academic Enrichment EVENT: Orientation Program RESOURCE PERSON: Ms. Sruthi Gowrishankar REPORT:

The orientation programme, featuring Ms. Sruthi Gowrishankar from Indium Software, aimed to equip students with crucial knowledge and skills essential for academic enrichment and holistic development. Ms. Sruthi Gowrishankar, an alumna of Auxilium College (Autonomous), emphasized practical techniques and insights for achieving academic success.

During her session, Ms. Sruthi Gowrishankar focused on several key areas, like setting academic goals, time management, effective study techniques, and overcoming challenges. She guided students on how to set clear and achievable academic goals, which are fundamental for staying focused and motivated. She addressed effective time management strategies, crucial for balancing academic responsibilities and personal activities. She also shared practical study techniques aimed at enhancing learning efficiency and retention. Ms. Sruthi Gowrishankar discussed strategies for overcoming academic challenges and fostering resilience and perseverance among students. Moreover, she engaged students in interactive activities such as group discussions on personalized study plans, emphasizing the importance of customized approaches to learning that cater to individual strengths and needs. Overall, her session was designed to empower students with practical skills and insights necessary for their academic journey and holistic development.